

Regional Guide

Trampoline & Tumbling

Regional Team Finals & NDP Qualification

Barclaycard Arena, Birmingham

16th – 18th June 2017

LONDON

Table of Contents

Team Roles	3
Team Manager.....	3
Team Chaperone	3
Coaches.....	4
Gymnasts	5
Parents & Spectators.....	7
Venue Information	7
Address.....	7
Car Parking	7
Gymnast & Coaches Entrance	7
Spectator Entrance.....	8
Regional Desks.....	8
Accreditation Desk	8
Warm-Up Hall.....	8
Regional Areas	8
Gymnast and Coaches Seating	8
Podium Training	8
Competition	9
Timetable.....	10
Catering	10
Appendices	11
Appendix 1 – Route to Warm-Up Hall.....	11
Appendix 2 – Gymnasts, Coaches & Spectator Entrances	12
Appendix 3 – Regional Areas.....	13

Team Roles

Team Manager

Based on feedback from previous years, this role has been introduced to assist the regions by having a main point of contact at the event who will also be responsible for registering their gymnasts and in turn reducing the congestion at the British Gymnastics Accreditation Desk. Team Managers will be based at the regional desks near the gymnasts and coaches entrance (**Entrance E**) and will be given a list of the gymnasts competing each day to register and accredit upon arrival. Coaches will still need to report to the British Gymnastics Accreditation Desk, located to the right of the regional desks, to register. Team Managers should work with the Team Chaperone to deliver the gymnasts by flight, to the Warm-Up Hall at the times detailed on the competition schedule and notify the Accreditation Desk of any withdrawals. This is a very important role and will greatly assist with the smooth running of the competition.

To ensure and manage the accreditation effectively, please ensure gymnasts are informed to arrive in time for the registration 'slot' detailed on the timetable for their flight.

Please note, it is crucial that only the gymnasts on the list are accredited as the Team Managers will be given the exact number of wristbands required for each day. In addition, it's imperative that all registration documentation is returned to the Accreditation Desk before the end of each flight's registration time, to prevent Clubs from being charged a non-participation fee as stated in the Trampoline & Tumbling Competition Handbook 2017.

Duties:

- To man the regional desk located at the gymnast and coaches entrance from podium training on Friday to the last flight has registered on Sunday
- Ensure gymnasts know which region they are representing
- Register gymnasts on arrival for both podium training and competition
- Distribute gymnast's accreditations once registered on the day of competition
- Inform the Team Chaperone of gymnasts who have been registered and of any withdrawals in order for them to update the Accreditation Desk
- Liaise with the Team Chaperone to arrange collection of gymnasts from the entrance to take them down to the Warm-Up Hall

Please note the Team Manager will only be permitted to access the gymnast and coaches entrance and Warm-Up Hall, not the Field of Play.

Name(s): Michael Freeman

Where this role is fulfilled by different people over the weekend, the Team Manager's accreditation should be handed back at the Accreditation Desk to be passed onto the relevant person.

Team Chaperone

The role of the Team Chaperone is to liaise and support the Team Manager.

Duties:

- To arrange collection of gymnasts from the gymnast and coaches entrance and lead them to the Warm-Up Hall, where their coaches from the region will be located (route can be shown in **Appendix 1**)
- To deliver gymnasts back to parents on the upper level as and when required
- To inform the Accreditation Desk of all withdrawals / changes to teams

Please note the Team Chaperone will only be permitted to access the gymnast and coaches entrance and Warm-Up Hall, not the Field of Play.

Name(s): Angela Moore

Where this role is fulfilled by different people over the weekend, the Team Chaperone's accreditation must be handed back to the Accreditation Desk, and the new official will need to collect upon arrival.

Coaches

Please find below a list of coaches from your region.

Coaches will be required to report to the British Gymnastics Accreditation Desk on arrival to collect their accreditation. Should a coach arrive who is not on the list below, please also ask them to report to the Accreditation Desk so we can carry out the necessary checks.

Please note, accredited coaches will have access to both the Warm-Up Hall and Field of Play, however the following coach ratio will apply:

TRA: 8 coaches (4 FOP & 4 Warm-Up Hall)
DMT: 4 coaches (4 FOP & 4 Warm-Up Hall)
TUM: 8 coaches (4 FOP & 4 Warm-Up Hall)

Saturday

Region	Name	Competition
London	Andrew Freeman	DMT
London	Humberto Hernandez Perez	TRA
London	Andrew Freeman	TRA
London	Hayley Harris	TRA
London	Paul Welch	TUM
London	Jude Everett	TUM
London	Robert Small	TUM
London	Tracey Morrison	TUM
London	Selwyn Walmsley	TUM
London	Kay Ongley	TUM
London	Helen Korro	TUM
London	Karen Edney	TUM
London	Leon Beuzeval	TUM

London	Tania Noble	TUM
London	Paul Welch	TUM
London	Joanne Little	TUM

Sunday

Region	Name	Competition
London	Andrew Freeman	DMT & TRA
London	Hayley Harris	TRA
London	Humberto Hernandez Perez	TRA
London	Melissa Bird	TRA
London	Paul Welch	TUM
London	Kathryn Small	TUM
London	Robert Small	TUM
London	Karen Edney	TUM

Gymnasts

Please find below a list of gymnasts competing from your region, sorted by flight.

Gymnasts should be signed in at the regional desk and handed their accreditation on the day of their competition. At the correct warm-up time, gymnasts should be taken to the Warm-Up Hall by the Team Chaperone to meet their coaches. When finished competing, or as and when required, the Team Chaperone should take the gymnasts back to the upper level to meet their parents.

Saturday

Region	Name	Competition	Flight
London	Caitlin Fahey	DMT Level 4 Women 13+	1
London	Callie Davies	TUM Level 1 Womens 9-10	1
London	Harriet Gadd	TUM Level 1 Womens 9-10	1
London	Connor Brown	TUM Level 1 Men 11-12	1
London	Orla Shiels	TUM Level 1 Women 13+	1
London	Ella Francis	TUM Level 2 Women 11-12	1
London	Hannah Lennon	TRA Level 2 Women 9-10	2
London	Lily Pritchard	TRA Level 2 Women 9-10	2
London	Oliver Cubillos	DMT Level 4 Men 13+	2
London	Zachariah Wilson	TUM Level 1 Men 9-10	2
London	Alexia Hibbert	TUM Level 1 Women 11-12	2
London	Poppy Mateus	TUM Level 1 Women 11-12	2
London	Zara Hill	TUM Level 2 Women 11-12	2
London	Freddy Tolcher	DMT Level 5 Men 13-14	3
London	Myles Larmond	TUM Level 2 Men 11-12	3
London	Noah Finette	TUM Level 1 Men 11-12	3
London	Mia Watson	TUM Level 1 Women 13+	3
London	Theo Brass	TRA Level 2 Men 11-12	4

London	Daisy Poole	TRA Level 2 Women 11-12	4
London	Leeya Tarrant	TUM Level 2 Women 9-10	4
London	Dovydas Olekas	TRA Level 3 Men 11-12	5
London	Harry Adam	TRA Level 3 Men 13+	5
London	Isabella Lakey	TRA Level 2 Women 13+	5
London	Elizabeth Mcdonagh	TRA Level 2 Women 13+	5
London	Rachael Larmond	TUM Level 2 Women 9-10	5
London	Lucy Ward	TUM Level 3 Women 13+	5
London	Ciara Darling	TUM Level 3 Women 13+	5
London	Zyra Reid	TRA Level 3 Women 11-12	6
London	Amy Stewart	TRA Level 3 Women 13+	6
London	Amber Stevens	DMT Level 6 Women 17+	6
London	Alfie Tolcher	DMT Level 6 Men 17+	6
London	Jarred Dunford	TUM Level 3 Men 13+	6
London	Maxwell Whitlock	TUM Level 3 Men 11-12	6
London	Amy Chapman	TRA Level 3 Women 11-12	7
London	Ruby Rae Atzmon	TRA Level 3 Women 9-10	7
London	Ronna Mirab	TRA Level 3 Women 13+	7
London	Layla Berrada	TUM Level 2 Women 13+	7
London	Alina Chpoun	TUM Level 2 Women 13+	7
London	Chanel Lovelock	TUM Level 3 Women 11-12	7
London	Natalia O'Doherty-Veru	TUM Level 3 Women 11-12	7

Sunday

Region	Name	Competition	Flight
London	Susie Hamzeh	TRA Level 4 Women 13+	1
London	Alisa Goldstein	TRA Level 4 Women 11-12	1
London	Thomas Lutman	TRA Level 4 Men 11-12	1
London	Sasha Khan	DMT Level 3 Women 11-12	1
London	Jemima Eckes	DMT Level 3 Women 11-12	1
London	Freya Camille	TRA Level 4 Women 13+	2
London	Holly Baxter	TRA Level 4 Women 9-10	2
London	Bethany Randall	TRA Level 4 Women 9-10	2
London	Jemima Eckes	TRA Level 4 Women 11-12	2
London	Eloise North	TRA Level 4 Women 11-12	2
London	Elizabeth Cowan	DMT Level 2 Women 13+	2
London	Susie Hamzeh	DMT Level 2 Women 13+	2
London	Amy Taylor	TUM Level 4 Women 11-12	2
London	Evie Fendley	TUM Level 4 Women 11-12	2
London	Jamie Low	TUM Level 4 Men 11-12	2
London	Sasha Khan	TRA Level 5 Women 11-12	3
London	Holly Baxter	DMT Level 2 Women 9-10	3
London	Dovydas Olekas	DMT Level 2 Men 11-12	3
London	Ben Hallett	DMT Level 2 Men 11-12	3
London	Bobbie Whitlock	TUM Level 4 Men 11-12	3

London	Caitlin Fahey	TRA Level 5 Women 15+	4
London	Amy Schafer	DMT Level 2 Womens 11-12	4
London	Chloe Annett	DMT Level 1 Women 9-10	4
London	Bethany Randall	DMT Level 1 Women 9-10	4
London	Bobby Biggs	TUM Level 5 Men 10-12	4
London	Kelisha Johnson	TUM Level 4 Women 13+	4
London	Joao Croca-Caeiro	TRA Level 6 Men 9-12	5
London	Oliver Cubillos	TRA Level 6 Men 13-14	5
London	Zak Demetriades	TRA Level 6 Men 13-14	5
London	Oda Anderberg	DMT Level 1 Women 13+	5
London	Bethan Calder	DMT Level 1 Women 11-12	5
London	Kasper Jensen Marshall	TUM Level 5 Men 13-14	5
London	Amber Stevens	TRA Level 7 Women 17+	6
London	Leah Woodcock	DMT Level 1 Women 13+	6
London	Campbell McLaren	DMT Level 1 Men 11-12	6
London	Jonas Morland	DMT Level 1 Men 11-12	6
London	Sarah Fisher	TUM Level 5 Women 13-14	6

Parents & Spectators

Parents and spectators are required to drop gymnasts at the gymnasts and coaches entrance (**Entrance E**) and then proceed to use the designated spectator entrance (**Entrance F**) for podium training and on days of competition. When gymnasts have finished competing, parents/spectators are required to meet gymnasts on the upper level, not at the regional desks. The Team Chaperone will lead gymnasts back to parents if required. This is to prevent the area where the regional desks are located from becoming too congested.

Venue Information

Address

Barclaycard Arena
King Edwards Road
Birmingham
B1 2AA

Car Parking

Pay and display car parking is available at the venue on the North car park. Alternative car parking is available nearby.

Gymnast & Coaches Entrance

For podium training and on the days of competition, gymnasts and coaches are required to use the designated entrance signposted as **Entrance E** (see diagram in **Appendix 2**) and report to the regional desk to be signed in.

Spectator Entrance

For podium training and on the days of competition, spectators are required to use the designated spectator entrance, signposted as **Entrance F** (see diagram in **Appendix 2**).

Regional Desks

Each region will be allocated a desk located in the foyer area of the gymnasts and coaches entrance (Entrance E). This desk will be manned by the Team Manager who will register gymnasts upon arrival. Coaches are required to report to the Accreditation Desk, also located in the foyer area to the right of the regional desks, to register.

Accreditation Desk

The British Gymnastics Accreditation Desk will be located in the foyer area of the gymnasts and coaches entrance, to the right of the regional desks.

This desk will be used for the following:

- Coach's registration and accreditation
- For each regional Team Chaperone to inform British Gymnastics of gymnast's registrations and withdrawals by flight
- To hand in each region's podium training sheet confirming who will be training
- Submission of tariff sheets
- Any queries regarding the event

Warm-Up Hall

Gymnasts must not use the equipment in the Warm-Up Hall without a qualified coach present and must respect their schedule time as per the timetable.

Regional Areas

Each region will be allocated an area of the Warm-Up Hall for their teams to congregate. Please see the diagram in **Appendix 3** for details. Please respect this request and stick to the areas provided for ease of gymnasts finding coaches and vice versa.

Gymnast and Coaches Seating

Accredited gymnasts and coaches who wish to watch the competition may sit in the allocated delegation seating (Blocks 2 & 11). Please respect this request and do not sit in any other area during the competition.

If a gymnast/coach wishes to spectate on the day they are not competing, they will be required to report to the Accreditation Desk, to collect a spectator ticket.

Podium Training

Podium training will take place on Friday evening for gymnasts competing on Saturday, and Saturday evening for those competing on Sunday. Gymnasts and coaches should report to the regional desks at the

gymnasts and coaches entrance on arrival to be signed in. Spectators are required to use the designated spectator entrance.

Training is scheduled by region, please see below for the timetable.

It is the responsibility of the Team Manager to register gymnasts for training, and the Team Chaperone to notify the Accreditation Desk of any gymnasts who are not on site for health and safety reasons. Coaches should report to the Accreditation Desk to sign in for podium training.

It is advised that the Team Manager contacts the individual clubs within your region prior to the event to enquire as to whether they attending training. A hard copy of these lists will be given out at the event.

Podium Training Schedule

Entry to stretching area will be 15 mins before warm up in training hall commences

Friday 16 th June	Stretching area	Training Hall	Field of Play
Group 1	15.00-15.15	15.15-15.55	16.00-16.55
Group 2	16.00-16.15	16.15-16.55	17.00-17.55
Group 3	17.00-17.15	17.15-17.55	18.00-18.55
Saturday 17 th June	Stretching area	Training Hall	Field of Play
Group 1	17.50-18.05	18.05-18.50	18.55-19.40
Group 2	18.40-18.55	18.55-19.40	19.45-20.30
Group 3	19.25-19.40	19.40-20.25	20.30-21.15

Friday 16th June

Group 1 – Wales, East Midlands, Scotland, South West

Group 2 – West Midlands, North West, London, South East

Group 3 – South, North, Yorkshire, Northern Ireland, East

Saturday 17th June

Group 1 – West Midlands, North West, London, South East

Group 2 – South, North, Yorkshire, Northern Ireland, East

Group 3 – Wales, East Midlands, Scotland, South West

Please note, gymnasts are only authorised to train as per the schedule. Should any issues arrive, please inform the Accreditation Desk for assistance.

Parents are authorised to watch podium training free of charge. Paper wristbands will be distributed by the venue for those wanting to watch.

Competition

Please note there is a strict no mobile phones policy on the Field of Play.

Timetable

The Team Manager and Team Chaperone should adhere to the timings given on the competition timetable to take gymnasts down to the Warm-Up Hall.

NB: As per previous events the competition will run up to 60 minutes ahead of schedule, if possible, therefore please ensure your gymnasts are on-site should this occur.

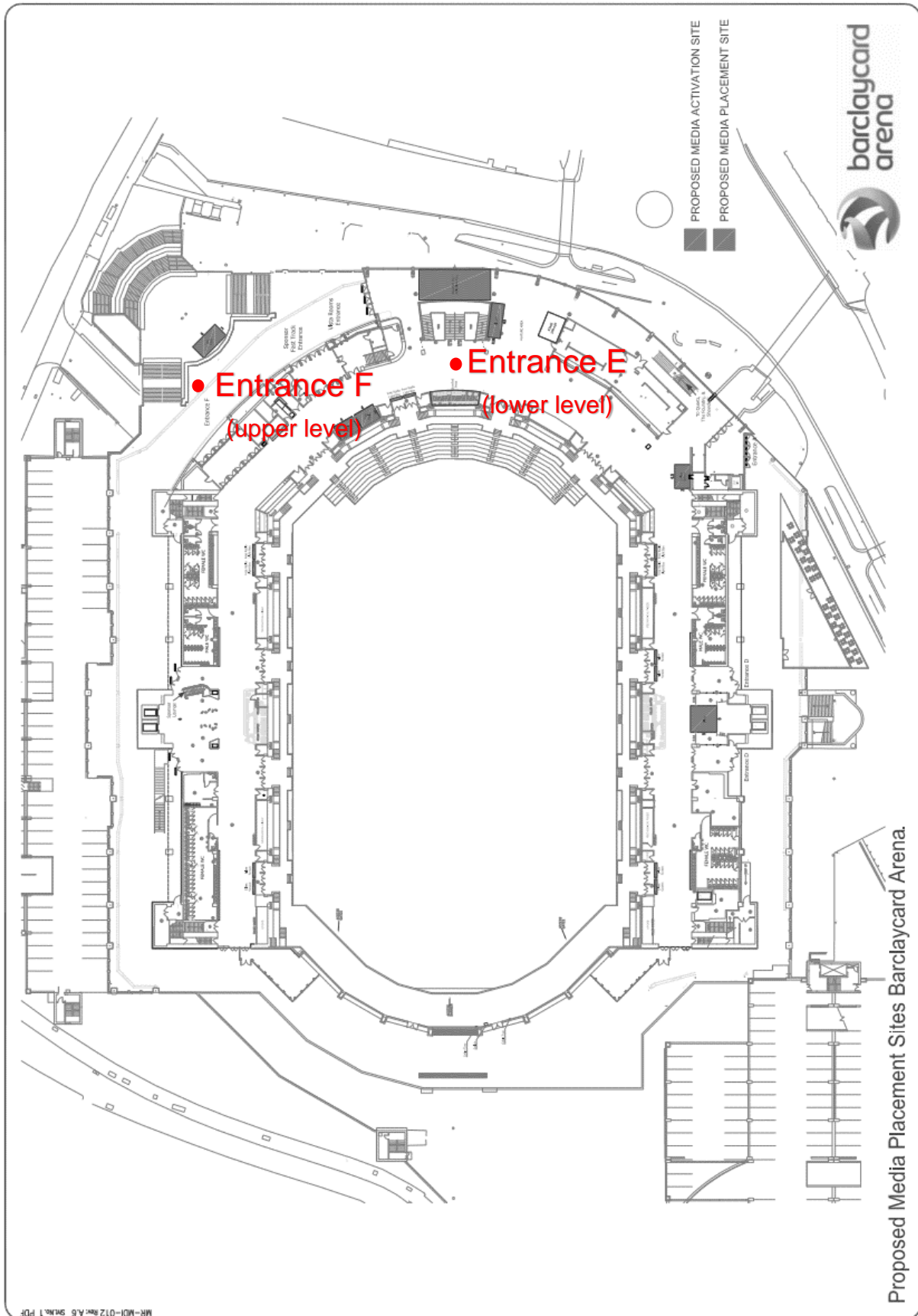
Following the above statement, it is important that the competition timings are followed. Should clarification be needed, please enquire at the Accreditation Desk.

Catering

There will be catering outlets open at the venue throughout the weekend, including during podium training. Alternatively, spectators are welcome to bring packed lunches and snacks.

Appendix 2 – Gymnasts, Coaches & Spectator Entrances

Gymnasts and coaches are required to use Entrance E, on the lower level and spectators must use Entrance F, on the upper level. Entrance F is also where gymnasts will meet parents/spectators after competing.



Appendix 3 – Regional Areas

The diagram below details the areas allocated to the regions in the Warm-Up Hall. This will be used as a point of reference for gymnasts and coaches to meet. Due to limited space, when gymnasts are not due to be in the Warm-Up Hall please ensure they watch the competition from the gymnast's and coach's seating blocks (Block 2 & 11).

