



LONDON TRAMPOLINE & DMT NDP REGIONAL TEAM QUALIFIER
SATURDAY 17th MARCH 2018
REYNOLDS SPORTS CENTRE AND HARLINGTON SPORTS CENTRE

Welcome to the Reynolds Sports Centre, home of London DMT and Harlington Sports Centre, home of Harlington Hawks. There has been an entry of 84 Trampoline Gymnasts and 34 DMT gymnasts from 10 clubs. We are running two panels for Trampolining and one panel for DMT. Thanks are due to the following:

- Members, parents and friends of London DMT and Harlington Hawks
- Staff and management for their help in staging this event.
- All officials who have given up their time voluntarily once again.
- The competitors, without whom there would be no competition.

Please ensure that you take all litter with you or use the rubbish bins around the sports halls – **PLEASE DO NOT LEAVE RUBBISH ON THE FLOOR.** Ensure that you have all your property when you leave.

FLOOR ACCESS:

It is not permitted for non British Gymnastics members to set foot on the competition floor due to insurance issues. The competition floor is the matted area around the trampolines, the matted area around the DMT, the DMT run and the officials' areas.

CLUBS COMPETING TODAY:

Must be British Gymnastics *registered* & London Gymnastics *affiliated*

Camden Gymnastics Club
Harrow Trampoline Club
Heathrow Gym Club
Hendon Gymnastics Club
Inspire Trampoline Club
Kingston Trampoline Academy
London DMT

Queensmead Trampoline Club
Twizzlers
Zenith

MEDALS & PRESENTATION:

Medals will be awarded to the top three individuals in each TRA and DMT group at the end of each flight.

RESULTS:

Results will be displayed on the wall after each group has finished, therefore please do not crowd around the recorders. Please do not remove results from the wall. Results will be emailed to team managers and will be available on GymNET.

WELFARE OFFICER:

The Welfare Officer for this event is Michael Freeman.

COACHING/PERFORMER QUALIFICATION:

Competitors are only allowed to perform competitively those moves that lie within the syllabus of those who are on the competition floor with them. Failure to have a coach adequately qualified with you may mean you have to withdraw, or you have to perform only those moves which lie within your coach's qualification syllabus.

WARM UP & COMPETE:

TRAMPOLINE: There will be no warm up marshals – performers must form an orderly queue for their turn. There will be a timed warm up therefore no guarantee of any specific number of warm ups can be given. Performers may use either trampoline. Club managers are responsible for their performers at the trampolines during this time (i.e. there will be no official at each bed). Spotting, assistance for performers getting on or off the trampoline or any other assistance is the responsibility of the club. Competitors will need to warm up both their set and voluntary routines during their allotted warm up time – there will be no separate warm up session for the voluntary.

COMPULSORY ROUTINES A and B: After warm up, there will be a one touch warm up where the competitor will have to choose which routine to practice. The performers will then return to the marshalling area and be called to compete in Start list order. They will all compete their Compulsory routines in the same order. There will be no warm ups between routines so performers must be ready to compete (with spotters) as soon as required.

DMT: There will be no warm up marshals – performers must form an orderly queue for their turn. There will be a timed warm up therefore no guarantee of any specific number of warm ups can be given. Club managers are responsible for their performers at the DMT during this time (i.e. there will be no official at the DMT). Spotting, matting or any other assistance is the responsibility of the club. Competitors will need to warm up all their passes during their allotted warm up time – there will be no separate warm up session for final 2 passes.

All timings are approximate. **The competition organisers reserve the right to start groups early if the event is running ahead of time but will not run more than one hour ahead of program time.** The competition organisers accept no responsibility for competitors who miss their turn due to changes to the above nor for the competition running early or late.

DMT TIMETABLE

SESSION 1			
Warm Up	9:00 - 9:15am	DMT NDP level 1 9-10 years	9
Compete all passes	9:15 - 9:45am		
SESSION 2			
Warm Up	9:45 - 10:00am	DMT NDP level 4 13+ years	1
		DMT NDP level 5 11-12 years	1
		DMT NDP level 5 13-14 years	1
		DMT NDP level 5 15+ years	1
		DMT NDP level 6 13-14 years	1
		DMT NDP level 7 11-14 years	1
Compete all passes	10:00 - 10:30am	DMT NDP level 7 15-16 years	1
SESSION 3			
Warm Up	10:30 - 10:45am	DMT NDP level 1 11-12 years	5
		DMT NDP level 1 13+ years	2
		DMT NDP level 2 11-12 years	2
Compete all passes	10:45 - 11:15am	DMT NDP level 2 11-12 years	2
SESSION 4			
Warm Up	11:15 - 11:30	DMT NDP level 2 13+ years	2
		DMT NDP level 3 11-12 years	3
		DMT NDP level 3 13+ years	4
Compete all passes	11:30am - 12:00pm	DMT NDP level 3 13+ years	4
Range and conditioning will be held at Harlington Sports Centre at 2pm for DMT gymnasts who have qualified for Regional Team Finals & NDP Semi Finals.			
Presentations will take place as soon as possible after the end of each discipline. <u>All those receiving awards MUST be in club kit. No one will be allowed on the podium unless correctly dressed.</u>			
Please note that all timings are approximate and the organisers reserve the right to begin groups early if the event is running ahead of schedule. The organisers accept no responsibility for those missing their turn due to changes to the above.			
Lunch will be provided 1:00 – 2:00pm at Harlington Sports Centre for those judges doing both DMT and Trampoline			

TRAMPOLINE TIMETABLE

		PANEL 1		PANEL 2		PANEL 3 - CONDITIONING			
SESSION 1									
Warm Up	2:00 - 2:10pm	TRA NDP level 1 9-10 years (1-7)	7	TRA NDP level 4 11-12 years	7	DMT COMPETITORS NOT DOING TRA			
1 Touch	2:10 - 2:20pm			TRA NDP level 4 9-10 years	1			TRA NDP level 3 11-12 years	7
Compete	2:20 - 2:45pm							TRA NDP level 2 13+ years	6
						TRA NDP level 2 9-10 years	1		
SESSION 2									
Warm Up	2:45 - 3:00pm	TRA NDP level 1 9-10 years (8-15)	10	TRA NDP level 4 13+ years	10	TRA NDP level 1 9-10 years (1-7)	7		
1 Touch	3:00 - 3:10pm					TRA NDP level 4 11-12 years	7		
Compete	3:10 - 3:40pm					TRA NDP level 4 9-10 years	1		
SESSION 3									
Warm Up	3:40 - 3:50pm	TRA NDP level 2 13+ years	6	TRA NDP level 3 11-12 years	7	TRA NDP level 4 13+ years	10		
1 Touch	3:50 - 4:00pm	TRA NDP level 2 9-10 years	1			TRA NDP level 1 9-10 years (8-15)	10		
Compete	4:00 - 4:20pm								
SESSION 4									
Warm Up	4:20 - 4:35pm	TRA NDP level 1 11-12 years	5	TRA NDP level 6 15-16 years	1	TRA NDP level 2 11-12 years	5		
1 Touch	4:35 - 4:45pm	TRA NDP level 1 13+ years	3	TRA NDP level 6 17+ years	1	TRA NDP level 3 13+ years	4		
Compete	4:45 - 5:10pm			TRA NDP level 6 13-14 years	2	TRA NDP level 3 9-10 years	1		
				TRA NDP level 5 13-14 years	4	TRA NDP level 5 15+ years	8		
						TRA NDP level 5 11-12 years	2		
SESSION 5									
Warm Up	5:10 - 5:25pm	TRA NDP level 2 11-12 years	5	TRA NDP level 5 15+ years	8	TRA Club level 1 7-8 years	1		
1 Touch	5:25 - 5:35pm	TRA NDP level 3 13+ years	4	TRA NDP level 5 11-12 years	2	TRA NDP level 1 11-12 years	5		
Compete	5:35 - 6:05pm	TRA NDP level 3 9-10 years	1			TRA NDP level 1 13+ years	3		
						TRA NDP level 6 15-16 years	1		
						TRA NDP level 6 17+ years	1		
						TRA NDP level 6 13-14 years	2		
						TRA NDP level 5 13-14 years	4		

DMT OFFICIALS

Panel 1	NDP DMT	
Chair	Sarah Warren-Smith	Kingston Trampoline Academy
Execution Judge 1	Lucy McSweeney	Kingston Trampoline Academy
Execution Judge 2	Peter Freeman	Kingston Trampoline Academy
Execution Judge 3	Natalie Sacre	Kingston Trampoline Academy
Execution Judge 4	Becky Hylton	London DMT
Execution Judge 5	Carol Freeman	Kingston Trampoline Academy
Tariff Judge 1	Michael Freeman	Kingston Trampoline Academy
Tariff Judge 2		
Computer	Mandy Brass	For Kingston Trampoline Academy
Recorder	VOLUNTEER	
Marshal	VOLUNTEER	
Reserves DMT		
	NONE	
Organisation		
Competition Organiser	Harriet Curtis	
Database	Karen Gent (not present on the day)	
Judges	Linda Lawrie	
Computers	Andrew Wood	
Trophies	Organisers	
Assistant to organiser	Chris Geary	
Welfare Officer	Michael Freeman	

TRAMPOLINE OFFICIALS

PANEL 1		NDP TRI		PANEL 2		NDP TRI	
Chair	Michael Freeman	Kingston Trampoline Academy		Chair	Andrew Freeman	Kingston Trampoline Academy	
Execution Judge 1	Sandhya Sivakanthan	Harrow		Execution Judge 1	Kim Nash	Twizzlers	
Execution Judge 2	Carol Freeman	Kingston Trampoline Academy		Execution Judge 2	Peter Freeman	for Hendon	
Execution Judge 3	Carole Charters	Zenith		Execution Judge 3	Jane Evans	Heathrow	
Execution Judge 4	Katie Drewett	for Hendon		Execution Judge 4	Caroline Jones / Jodi Grier	Inspire	
Execution Judge 5 - HD	Angela Moore	Twizzlers		Execution Judge 5 - HD	Imogen Munns	Queensmead	
Execution Judge 6 - HD				Execution Judge 6 - HD			
Tariff Judge 1	Hayley Harris	Camden		Tariff Judge 1	Gary Halfteck	Queensmead	
Tariff Judge 2				Tariff Judge 2			
Computer	Zak Laidi	Camden		Computer	Victoria Lynch	Heathrow	
Recorder	Felicia Chan	for Kingston Trampoline Academy		Recorder	Huma Rahman	for Kingston Trampoline Academy	
Marshal	Rebecca Bird	Twizzlers		Marshal	Stacey Stewart / Eli Mirab	Hendon	
RANGE & CONDITIONING AT HARLINGTON							
Panel 1							
Execution Judge 1	Natalie Sacre	Kingston Trampoline Academy					
Execution Judge 2	Mustafa Ozturk	Heathrow					
Computer	Richard Louch	Camden					
Recorder	Isabelle Ballard	for Kingston Trampoline Academy					
Reserves TRI							
	NONE						

COMPETITORS NDP DMT
COMPETITION

Group	Start Number	Name	Club
NDP1 (9-10)	1	Joshua Baker	Kingston TA
NDP1 (9-10)	2	Julia Prestigiacomo	Kingston TA
NDP1 (9-10)	3	Lilia Hamblin	Kingston TA
NDP1 (9-10)	4	Freya Georges	Kingston TA
NDP1 (9-10)	5	Toby Eckes	Kingston TA
NDP1 (9-10)	6	Gabrielle Park	Kingston TA
NDP1 (9-10)	7	Lauren Davis	Kingston TA
NDP1 (9-10)	8	Lukas Marciukonis	Kingston TA
NDP1 (9-10)	9	Ciara McLaren	Kingston TA
NDP1 (11-12)	1	Mia Wanli	Kingston TA
NDP1 (11-12)	2	Campbell McLaren	Kingston TA
NDP1 (11-12)	3	Robyn Simms	Kingston TA
NDP1 (11-12)	4	Phoebe Craddock	Kingston TA
NDP1 (11-12)	5	Armored Morrison	Kingston TA
NDP1 (13+)	1	Tiyana Meade Blanchard	Kingston TA
NDP1 (13+)	2	Natasha Barnes	Kingston TA
NDP2 (11-12)	1	Bethan Calder	Kingston TA
NDP2 (11-12)	2	Daisy Poole	Kingston TA
NDP2 (13+)	1	Kate O'Dwyer	Kingston TA
NDP2 (13+)	2	Ariadokht Ezaz-Nikpay	Kingston TA
NDP3 (11-12)	1	Joe Spensley	Kingston TA
NDP3 (11-12)	2	Jemima Eckes	Kingston TA
NDP3 (11-12)	3	Dovydas Olekas	Kingston TA
NDP3 (13+)	1	Jake Azzopardi	Kingston TA
NDP3 (13+)	2	Susie Hamzeh	Kingston TA
NDP3 (13+)	3	Vaishali Balachandran	Kingston TA
NDP3 (13+)	4	Elizabeth Cowan	Kingston TA
NDP4 (13+)	1	Caitlin Fahey	Kingston TA
NDP5 (11-12)	1	Zachariah Wilson	Kingston TA
NDP5 (13-14)	1	Safia Smith	London DMT
NDP5 (15+)	1	Petronella Hoogeboom	Hendon GC
NDP6 (13-14)	1	Theo Brass	Hendon GC
NDP 7 (11-14)	1	Petar Stanchev	London DMT
NDP 7 (15-16)	1	Danielle Shaw	London DMT

COMPETITORS NDP
TRAMPOLINE COMPETITION

Group	Start Number	Name	Team
NDP1 (9-10)	1	Lilly Cookson	Camden GC
NDP1 (9-10)	2	Joshua Baker	Kingston TA
NDP1 (9-10)	3	Sienna Conquest-Appadoo	Camden GC
NDP1 (9-10)	4	Jasmine Nkoso	Camden GC
NDP1 (9-10)	5	Amelia Patola	Hendon GC
NDP1 (9-10)	6	Nancy Wright	Camden GC
NDP1 (9-10)	7	Maayan Quintana	Hendon GC
NDP1 (9-10)	8	Freya Georges	Kingston TA
NDP1 (9-10)	9	Lauren Davis	Kingston TA
NDP1 (9-10)	10	Eloise Gardner	Kingston TA
NDP1 (9-10)	11	Toby Eckes	Kingston TA
NDP1 (9-10)	12	Oliver Handley	Twizzlers
NDP1 (9-10)	13	Lilia Hamblin	Kingston TA
NDP1 (9-10)	14	Lacey Kiely	Camden GC
NDP1 (9-10)	15	Gabrielle Park	Kingston TA
NDP1 (11-12)	1	Armored Morrison	Kingston TA
NDP1 (11-12)	2	Robyn Simms	Kingston TA
NDP1 (11-12)	3	Zoe Hunter	Twizzlers
NDP1 (11-12)	4	Phoebe Craddock	Kingston TA
NDP1 (11-12)	5	Lucy Corless	Inspire TA
NDP1 (13+)	1	Natasha Barnes	Kingston TA
NDP1 (13+)	2	Paige Coles-Piper	Twizzlers
NDP1 (13+)	3	Tiyana Meade Blanchard	Kingston TA
NDP2 (9-10)	1	Samuel Newman Kemp	Hendon GC
NDP2 (11-12)	1	Bethany Lowe	Twizzlers
NDP2 (11-12)	2	Hannah Lennon	Hendon GC
NDP2 (11-12)	3	Lily Dering	Twizzlers
NDP2 (11-12)	4	Campbell McLaren	Kingston TA
NDP2 (11-12)	5	Scarlett Mays	Hendon GC
NDP2 (13+)	1	Elizabeth McDonagh	Kingston TA
NDP2 (13+)	2	Sana Ahmed	Hendon GC
NDP2 (13+)	3	Sophia Reed	Hendon GC
NDP2 (13+)	4	Sophie Borley-Holden	Inspire TA
NDP2 (13+)	5	Kate O'Dwyer	Kingston TA
NDP2 (13+)	6	Leslie Morales-Pereira	Inspire TA
NDP3 (9-10)	1	Shatakshi Sudanagunta	Heathrow GC
NDP3 (11-12)	1	Bethan Calder	Kingston TA
NDP3 (11-12)	2	Lily Pritchard	Heathrow GC
NDP3 (11-12)	3	Chay Barker	Queensmead TC
NDP3 (11-12)	4	Jonas Morland	Kingston TA
NDP3 (11-12)	5	Zyra Reid	Hendon GC
NDP3 (11-12)	6	Joe Spensley	Kingston TA

NDP3 (11-12)	7	Chloe Davey	Twizzlers
NDP3 (13+)	1	Bea Torre	Twizzlers
NDP3 (13+)	2	Myssa Reid	Hendon GC
NDP3 (13+)	3	Rebecca Oram	Kingston TA
NDP3 (13+)	4	Alexia Chan	Hendon GC
NDP4 (9-10)	1	Asif Malik	Heathrow GC
NDP4 (11-12)	1	Alexandru Strugurean	Camden GC
NDP4 (11-12)	2	Dovydas Olekas	Kingston TA
NDP4 (11-12)	3	Hannah Bunce	Heathrow GC
NDP4 (11-12)	4	Mate Dominik	Heathrow GC
NDP4 (11-12)	5	Eva Watts	Heathrow GC
NDP4 (11-12)	6	Amy Chapman	Camden GC
NDP4 (11-12)	7	Daisy Poole	Kingston TA
NDP4 (13+)	1	Amy Stewart	Hendon GC
NDP4 (13+)	2	Stan Brassington	Camden GC
NDP4 (13+)	3	Theo Brass	Hendon GC
NDP4 (13+)	4	Ronna Mirab	Hendon GC
NDP4 (13+)	5	Daniel Goldsack	Kingston TA
NDP4 (13+)	6	Imogene Munns	Queensmead TC
NDP4 (13+)	7	Susie Hamzeh	Kingston TA
NDP4 (13+)	8	Pitta Lomodong	Camden GC
NDP4 (13+)	9	Lauran Leslie	Camden GC
NDP4 (13+)	10	Elizabeth Cowan	Kingston TA
NDP5 (11-12)	1	Joshua Bouwer	Heathrow GC
NDP5 (11-12)	2	Zachariah Wilson	Kingston TA
NDP5 (13-14)	1	Vaishali Balachandran	Kingston TA
NDP5 (13-14)	2	Caitlin Ayres	Zenith TC
NDP5 (13-14)	3	Lilianna Czaplewska	Queensmead TC
NDP5 (13-14)	4	Roberta Tan	Heathrow GC
NDP5 (15+)	1	Joseph Moore	Twizzlers
NDP5 (15+)	2	Caitlin Fahey	Kingston TA
NDP5 (15+)	3	Tianee Camille	Twizzlers
NDP5 (15+)	4	Ayome Reid	Hendon GC
NDP5 (15+)	5	Harry Adam	Heathrow GC
NDP5 (15+)	6	Petronella Hoogeboom	Hendon GC
NDP5 (15+)	7	Leyla Goodwin	Queensmead TC
NDP5 (15+)	8	Anoushka Keeley	Queensmead TC
NDP6 (13-14)	1	Thomas Lutman	Camden GC
NDP6 (13-14)	2	Joao Caeiro	Heathrow GC
NDP6 (15-16)	1	Zak Demetriades	Zenith TC
NDP6 (17+)	1	Thiviya Sivakanthan	Harrow TC

JEWELLERY AND BODY PIERCING:

http://www.britishgymnastics.org/site/index.php?option=com_docman&task=cat_view&gid=374&Itemid=1134

Please see the above link for the latest British Gymnastics policy on this.

The policy applies to all participants and coaches in training and in events at home and abroad. Failure to comply with the policy will prohibit the individual's participation on the grounds of reasonable safety and may render the individual's insurance invalid should an accident result directly from non-compliance with this policy.

Please note that the chewing of gum is not allowed at any phase of the competition for competitors, coaches and officials.

ELECTRONIC DEVICES:

Spectators and gymnasts using any electronic devices including mobile phones should have the volume turned down or wear earphones. Any games being played on these devices should not cause a distraction during the competition.

PHOTOGRAPHY:

It is no longer necessary for people to register their intention to take photos and/or videos. Please note that flashlight photography is not permitted whilst the competition is going on (this includes warm-ups). However, please see the BG Photo Policy below.

BRITISH GYMNASTICS PHOTOGRAPHY POLICY

British Gymnastics Conditions for Audience Photography at Gymnastic Events Short Form:

In order to protect the welfare of children at the event, photography at this event is permitted only on conditions set by British Gymnastics

This is a summary of those conditions. A copy of the full text can be obtained from the Competition Organiser or from the British Gymnastics website www.british-gymnastics.org. If you do not agree to these conditions you may not bring any photo equipment into the venue or take any photos.

1. 'Photos' includes any form of video or still image including those taken with mobile phones.
2. The Competition Organiser (or a person acting on his or her authority) may require anyone at the event:
 - a. Not to take photos – either generally or in particular circumstances.
 - b. To provide their full name and address and evidence of this
 - c. To let the Competition Organiser view any images recorded and to delete any images.
 - d. To surrender media or equipment on which the images have been recorded if they cannot be viewed (e.g. photos on traditional film), or if they can not be deleted.
3. Photos may only be taken and used in accordance with the British Gymnastics Child Protection Policy.
4. Photos may not be used, distributed or copied for commercial purposes.
5. Flash may not be used at any time while gymnasts are warming up or competing.



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